

FESTIVAL PROGRAM

EXPLORING THE MOUNTAIN WITHIN

CROSSING BOUNDARIES & BUILDING BRIDGES













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BASIS Vinschgau Venosta, South Tyrol

SUMMIT FOR CHANGE 2022 - FESTIVAL PROGRAM



Questions: bjoern@berlinchangedays.com

FACILITATORS & FLOW



TONI INNAUER - AUSTRIA

Opening keynote

Toni was always high flying, winning Olympic gold as Austrian ski jumper. To race down and spread his wings at the end of the hill, he had to deal first with his mountain within. His answer to the 7 Tibetans are the 12 Tyroleans – a set of exercises embodying twelve animals from the alpine habitat: From the water to the land to the air. The exercises trace the development of the species-rich life on our planet.

NIK BEESON - CANADA

Prelude



DAY 01

curiosity, open-heartedness and good humour - to explore big questions.

EVELYNE PIERGENTILI - SOUTH TYROL

Back to the roots



ntervention]

Al inside [artistic

BASIS is surrounded by nature. 20 years ago the military base was closed. Just as it is supposed to happen in a natural cycle of life, over time it transformed, seeds landed, some grew, some died. Huge trees, guardian of the former entrance are still there and not only them. Together we will explore how nature is winning back its territories, overgrowing culture. We will dive deep into (our) nature and into the energy of the place, which is our teacher. Exploring the inner garden we have been cultivating to discover what nature mirrors.

SAKSHI BANSAL - INDIA & YANNIS ANGELIS - GREECE The Power Of One Word

Every spoken word holds weight. However, strings of words are often ignored, and shoved aside quickly and painfully. Other times, one word is enough to bring transformative change in someone's journey, narrative, and actions. We want the participants to walk away with a deeper understanding of: -Creating more impact with less words - Powerful communication - Intentionality of chosen word. We hope the participants stay with this idea as they go through the three days at BCD, at the end of which we will collect words from the participants that made them either pause, think or change.

DANIEL HOERNEMANN AKA 'WALBRODT

DAY 02 INNER DEVELOPMENT ACTION DAY





MARY ALICE ARTHUR - USA

Inspirational keynote: What story would the mountain tell?

Mary Alice Arthur is a Story Activist working with story in service of positive systemic shift and for focusing collective intelligence on critical issues. She guides people to find and activate the story that will take them into a larger and more authentic future. She is an internationally recognized process host and is inspired to work with large and small systemic stories holding keys for a more generative future.

SARAH GLENISTER - AUSTRALIA

Dancing through change

As we begin to emerge from being totally virtual, have we forgotten how to be with others? Has virtual meant the reduction of the art of Change to condensed one-hour zoom business? Have we forgotten the etiquette and niceties of hosting and leading people through Change? We will explore the process of inviting people into a change process and what it takes to maintain that connection until the end. We'll do this through learning some very fundamental Swing Dancing moves and having lots of fun. Previous dance experience not required.





JESSICA BREITENFELD - SPAIN

Clown's Search for meaning

Theatrical clown teaches us many things about being vulnerable. Exploring sides of ourselves as a Gestaltic process allows us to try on new behaviours without risk. When they result in unexpected feelings- we then learn to deal with and laugh about how new they felt in a safe environment. We learn how to sustain energized presence, enjoy spontaneity; how to deal with rejection with humanness and humor. Best of all- clown helps us accept our own unique adorableness, which helps us to be more authentic, speak so our ideas heard and find our purpose- our calling. Ideas and games can be used by facilitators in their normal trainings to develop #PsychologicalSafety

RIKE PÄTZOLD & KERSTIN GOLLNER- GERMANY

Inner development for the future

Rike and Kerstin will be introducing us into the movement of the inner development goals (IDG). They are the founders of the IDG hub in Munich and passionate about Emergence, Collaboration, Systems Change and how to deal well with Uncertainty and Complexity.

The big question regarding the Inner Development Goals is how we can be bring them to life together, protecting their essence. During the Festival and beyond.



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JAANA RASMUSSEN - GERMANY

Across the mountain and into the field

Life is full of obstacles and challenges in the visible world- this is especially true in times of transformation and crisis. The challenges in the visible world are what we can see and therefore deal with it. The invisible challenges are far more difficult to address. The success of our actions as change-makers does not depend on What we do or How we do it, but on the inner place from which we operate. In the co-creative workshop, we explore our mountains within and find paths to cross them to sense our inner place and cultivate a collective field.

BELINA RAFFY - CANADA

Being open to gifts: self-care, resilience, and delight while climbing your inner mountains

What changes when we cultivate loving self-compassion with an intention to improvise joyfully with Life as we climb our inner mountains? We are able to perceive more gifts for our souls, have greater resilience, and belly laugh more. In this 90-minute, highly experiential workshop we practice improvisation mindsets and practice which help us in all aspects of life, and especially when we are exploring unknown, complex,

and challenging terrain. When we allow for more softness, love, and lightness, we have the energy to be transformed for the better by our challenges. This is what we will explore together.



YANNIS ANGELIS - GREECE

Going beyond the boundaries of familiar senses through a cross-sensing experiment



When entering an organization as change agents, some of us set ourselves "as an instrument" by using our senses to harvest information and diagnos. However, there is a danger that the sense that is felt in the "here & now" (e.g. smell) is informed by the sense which is already familiar (smelling). So, how can we cross the boundaries that restrict our senses and build a bridge for a new kind of senses so that new possibilities, new ideas, and new descriptions can come out of that? This innovative "synesthetic" approach invites us to move away from offering, and participants from receiving, methods and tools that have been designed in a different timing, addressing a very different world than it is now.

ELISA CONTI - ITALY

Emotions at work, food for healthy workplaces

The language of the emotions is our first way to communicate. Nevertheless we struggle to understand that the emotions are fundamental in order to think, act, work. Even if the effects of Covid made it clear, the comprehension and management of the emotions is not always welcome at the individual level and even more inside the organization. Working in a supportive, inclusive and emotionally healthy system brings an added value in terms of wellbeing and for the effectiveness of the way of working. In this workshop we would like to share some ways to highlight the role of the emotions in the workplace, for well regulated systems and functional working teams.





ERIK SCHUMB - GERMANY

Finetuning Agility and the Agile Mindset

Who serves whom? How do the paradigms of the Agile Manifesto practically apply to the common Agile Frameworks like Scrum, Safe, Design Thinking? Which dynamics influence the further adoption or application of Agility?



CHRISTIAN KOCH & ROUZBEH TAVAKKOLI - GERMANY

#reWilding our work lives

The last two years have been like a collective "unfreezing" of our work lives. The pandemic forced us to embrace new ways of thinking and working that seemed like distant utopias.

So what if we use this momentum of change that is still prevalent for rewilding instead of refreezing old patterns? Rewilding means returning a managed area back to the wild, reintroducing species that have been lost. We will play with this metaphor to transform limiting beliefs and habitualized routines that significantly shape our professional experience.

SAKSHI BANSAL - INDIA & TASLIM THARANI - UK

Making kindness stick

The concept of "Kindness" is not new, but the word has intrigued leaders and change-makers in recent years. Is kindness just another fad or can we make it stick? Can kindness be related to power, profits and productivity?

This session offers an opportunity to explore kindness and redefine it together. Participants will walk away with:

- A deeper understanding of what kindness is and isn't,
- a felt sense of kindness and how to bring it alive in our day to day interactions and
- an understanding of how kindness itself is a strategy for true change.





UTZ STAIGER & MARCUS M. MÜLLER - GERMANY

eigenland & Siemens - IDG connect

We know that organizations already have everything they need to be successful. The crucial difference is made precisely when teams can contribute directly their experience and knowledge. You will experience how to shape change and transformation topics from within with joy and ease. At the Change Days you become the acting beings. With the Human-Centered Approach all participants will be involved in an active and playful way. Moreover they will be encouraged, to rethink and reshape Leadership through the lenses of their experiences and ideas conjointly, taking into account the Sustainable and Inner Development Goals.

HOLGER NAUHEIMER & UDO MAAR - GERMANY

Hybrid Working in Analog Spaces

We all accepted the office as the place to work for a pretty long time. That has changed and working flexibly in terms of time, space and location is fully accepted now. Does that mean, that we don't need the old office building anymore? Why do we still go to the office? What does the office look like in the future and how will it be used by hybrid teams? During the workshop with Holger and Udo, we will explore these questions on the basis of the five levels of change and the three tiers of influence. We will co-create a manifesto for the office building for hybrid teams.





ECSTATIC DANCE BY MICHAEL SCHATZSCHNEIDER AKA 'DJ TREASURE TAILOR'

HANNES GOETSCH - SOUTH TYROL



BASIS as a Peace Project

The BASIS in Silandro Val Venosta is a special place. The former military barrack likes to call itself a social activation hub. It is also special due to a team that is going beyond limits always, to make social innovation and community building happen with every breath they take.

Why wasn't that military barrack of the 19th century teared down already, as many other facilities or sold to an international investor? Well because Hannes is the visionary brain and passionate heart at the center of it. If it wouldn't be for him, this place wouldn't be by now one of the finest and truest "RURBAN" coworking spaces you might get to know in some time. Oh! And by the way, Hannes is DJ and will host the Berlin Change Days Clubbing at the BASIS!

MICHAEL BEISMANN & GERHARD KLEINER - AUSTRIA

Alte Schule Neustift: Old school - new life

What if abandoned facilities would celebrate a Renaissance and provide space for community and local culture? Instead of being transformed into high-end apartments for a cosmopolitan elite flying in and out – without leaving a trace but expensive rent? This is what Michael made happen in Austria, reviving an old school for the local community. Where kids learned math in former times you now can rent spaces for art or to brew local beer. Together with Gerhard, who is passionate about circular economy they are putting the bricks for a different future in a region where the local bonding got lost due to the seasonal touristic population – reviving spaces of urcency!





MONICA MARGONI SOUTH TYROL

Sustainable Product Labs

The 17 global goals for sustainable development (SDGs), aime at everyone: governments worldwide, civil society, the private sector and science. What is missing are mindset, approaches, tools to implement sustainability everyday. We will combine theory and practice: an economic model geared towards

the common good with the design of sustainable products and services. In this session we create a learning field to get to know the building blocks of an economy, oriented towards the common good and design prototypes of sustainable products and services together.

IWAN HOFER - SOUTH TYROL

Playful Experience

Have you ever been to an Escape Room? You can have that experience, as this session takes place there, in Merano. Have a playful rendezvous with the stranger in the escape room and on a digital treasure hunt through the city. An experience that builds a bridge from the analogue to the digital, from stillness to liveliness.

BERLIN CHANGE DAYS GOES ALPINE 2022 Meet our hosting team:



Brigitta Villaronga



Holger Nauheimer



Björn Zimmermann



Carina Matscher



Melanie Zucker



Rutger Bartelsmann



Katharina Erlacher



Katherina Longariva



















